# BOTOX® / AZZALURE® Aftercare Advice

Thank you for choosing Lipsoflondonaesthetics for your anti-wrinkle treatment. You have received Botulinum Toxin Type A (Botox® or Azzalure®) injections. To ensure the best results and minimize any risk of complications, please follow the aftercare advice below:

* Remain upright for at least 4 hours after treatment.
* Do not rub or massage the treated areas for 24 hours.
* Avoid strenuous exercise, saunas, and hot tubs for 24–48 hours.
* Avoid applying makeup to the treated area for at least 12 hours.
* Do not consume alcohol for 24 hours post-treatment.
* Avoid sunbeds and excessive sun exposure for 48 hours.
* Use gentle skincare and avoid active ingredients (e.g. retinol, AHA/BHA acids) for 24–48 hours.
* You may experience mild swelling, redness, or bruising at the injection sites — this is normal and should subside within a few days.
* It can take 3–14 days for the full effects of the treatment to develop.
* Do not have any facial treatments (e.g. facials, massages, dermaplaning, microneedling) for 2 weeks.

⚠️ Please contact us immediately if you experience any of the following:  
- Severe swelling or pain  
- Difficulty swallowing or breathing  
- Drooping of eyelids or mouth  
- Signs of infection (fever, pus, extreme redness)

A review appointment can be arranged 2–3 weeks post-treatment if a top-up is required. Please note that top-ups are only available within 2–4 weeks after the original appointment.

If you have any questions or concerns, please do not hesitate to contact us on 07577608495.  
Thank you for trusting Lipsoflondonaesthetics with your care.

Practitioner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_